



# NATIONAL WEBINAR & CELEBRATION

## On INTERNATIONAL YOGA DAY - 2021



Organized by

**NSS Units (I & II)**  
**Chandidas Mahavidyalaya**  
**Khujutipara, Birbhum, WB**



Yoga for Harmony & Peace

**Online Platform**



**REG. LINK**

—  
<https://forms.gle/bMdZnci6N1LDgZeB8>

**Theme -**  
**"Generation Awaken**  
**with Yoga - Youth**  
**Lifestyle & Leadership"**

### Resource Persons



#### **1. Mr. Amit Chatterjee**

*Yoga & Meditation Faculty,  
 State Council Member, YLTP  
 Art of living, Bengaluru, Karnataka*



#### **2. Mr. Satya Narayan Dutta**

*Volunteer & Yoga Instructor,  
 Art of living, Bengaluru, Karnataka*



### **Program Schedule**

**21<sup>st</sup> June 2021 (Monday), 7.00 am and onward**

- 7.00 am - Inaugural Session by NSS Volunteers
- 7.10 am - Welcome Address by Principal Sir
- 7.20 am - Key Note Address & Special Lecture on Relevance of Yoga by Mr. Amit Chatterjee
- 7.40 am - Yoga demonstration by Mr. Satya Narayan Dutta
- 7.55 am - Valedictory Session by Koushik Roy

**Patron – Dr. Sk Ataur Rahaman**

Principal, Chandidas Mahavidyalaya

### Organizing Committee

**Koushik Roy**, Assistant Professor & Program Officer of NSS Unit-I (Secretary & Convener of the Webinar)  
**Kironmoy Mondal**, Assistant Professor & Program Officer of NSS Unit-II (Jt. Secretary of the Webinar)

**21<sup>st</sup> June**  
**International**  
**Yoga Day**

**From 7.00 AM and Onward**

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